

## How is Arestin Used?

Arestin™ is intended to be used in pockets with a depth of 5 millimeters or greater. It can be used in one or any number of pockets in one or several visits.

Arestin is placed into the periodontal pocket as a powder. Over the next several hours or days it will harden and stay within the pocket releasing Minocycline over a prescribed period of time (usually about 18 - 20 days)

Arestin is released over a two - three week period thereby providing the appropriate dose of antibiotic to the site. It does not get into the blood stream.

Arestin™ should not be used if you have an allergy to tetracyclines, are pregnant or nursing or have been advised not to be your physician.

To insure a successful result following periodontal therapy, patient cooperation in maintaining excellent oral hygiene is essential. More frequent professional cleanings can help reduce the likelihood of the disease progressing.

## Our STM Program

### Stage 1: Gingivitis

**STM 1 - Two Visits - \$330**

**Visit 1: Full Mouth Debridement**

**Visit 2: Fine scale and Polish  
Home Care Instruction**

### Stage 2: Early Periodontitis

**STM 2 - Three Visits - \$505**

**Visit 1: Scaling and Root Planing ½ mouth**

**Visit 2: Scaling and Root Planing ½ mouth  
Possible Sulcular Medication  
Home Care Instruction**

**Visit 3: Evaluation  
Fine Scale and Polish  
Home Care Evaluation**

### Stage 3: Moderate/Advanced Periodontitis

**STM 3 - Five Visits - \$1205**

**Visit 1: One Quadrant Scaling/Root Planing  
Possible Sulcular Medication  
Home Care Instruction**

**Visit 2: One Quadrant Scaling/Root Planing  
Possible Sulcular Medication  
Home Care Instruction**

**Visit 3: One Quadrant Scaling/Root Planing  
Possible Sulcular Medication**

**Visit 4: One Quadrant Scaling/Root Planing  
Possible Sulcular Medication**

**Note: Sulcular Medication Add \$36 per pocket.**



*A New Non-surgical Treatment for Periodontal Disease*

*It All Starts with Healthier Gums.*



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## What Is STM?

**S**oft **T**issue **M**anagement is a non-surgical approach for the treatment of *Periodontal Disease*. Before you can understand soft tissue management you need to know a bit more about Periodontal Disease and how you can identify it in its earliest stages. Treated early Periodontal Disease is easily managed with a variety of techniques which do not involve surgery. Left untreated, Periodontal Disease can progress to a point where soft tissue management is no longer an option.

Soft tissue management is also a tool for patients that, for whatever personal reason, do not believe they are candidates for periodontal treatment. It is far better to treat the disease than to leave it untreated. Periodontal therapy is normally the treatment method of choice for most patients. However, there are several conditions that lend themselves to soft tissue management.

Soft tissue management in its most simple form means 1) **identification of host factors** such as smoking, systemic disease(s), habits, medications that cause dry mouth or other oral conditions that may effect the health of the gum tissues, 2) **education** so that the patient understands their disease and the treatment required, 3) providing therapy to **eliminate the pathogens** (bugs) that cause the disease using mechanical or antibiotic means, 4) home care training to remove the local factors causing the disease (*plaque*) on a daily basis and 5) continued re-assessment on a regularly scheduled basis.

## Periodontal Disease

### Signs of Periodontal Disease:

1. Bleeding
2. Swelling
3. Red rather than Pink Gums
4. Pus
5. Loose Teeth
6. Bad Breath
7. Unpleasant Taste

### What causes Periodontal Disease?

It is caused by bacteria (bugs) that accumulate on plaque (that sticky stuff that accumulates on your teeth if they are not brushed and flossed daily). If plaque and the harder substance, calculus, continue to stick to your teeth your gums will start to bleed, get puffy and eventually infected. This can lead to pocketing and possibly bone loss. The next thing you'll notice is loose teeth. **Now you've really got a problem!**

Soft tissue management is a non-surgical approach to the treatment of periodontal disease. It is *not* an alternative to conventional periodontal therapy but rather an alternative in many cases.

Soft tissue management takes many forms and treatment is determined by the level of your disease state. Your treatment may include:

- Scaling
- Root Planing
- Antibiotic Sulcular Medication such as Arestin™ (See Next Page)
- Customized Home Care Instruction

## Arestin™

### Sulcular Medication

Arestin™ is indicated as an adjunct to scaling and root planing procedures for the reduction of pocket depths in patients with adult periodontitis (either early, middle or advanced). It can be used as part of a comprehensive soft tissue management program in conjunction with other forms of treatment



Arestin™ Applied in Pocket

It contains Minocycline, a proven tetracycline derivative, that has been used for many years in the treatment of periodontal disease. What is now different is the method of application of this antibiotic. No longer do you need to take *numerous* pills per day for up to 90 days in order to achieve the desired result, the shrinkage of a diseased periodontal pocket.. With the advent of the Microsphere Delivery system, we can now place the appropriate amount of the antibiotic, in time released spheres, into the local site and all you have to do is follow instructions. No brushing for 10 hours and no flossing for 12 days. That's it!



Pocket Reduced

Arestin™ is not a cure for periodontal disease and will not replace periodontal therapy where and when it is needed. It is, however, an alternative for those patients who, for a variety of reasons, feel that they are not candidates for periodontal therapy.