



Care of Your New Denture

An unclean denture is neither healthy, attractive nor comfortable. Clean your new denture every morning and night with either a denture toothbrush and denture toothpaste (if necessary, any toothpaste can be used) or with one of the commercially available denture cleaners. *Please be sure to check with us to make sure that the commercial cleaner will not interfere with the type of denture liner you may have in your prosthesis. Permanent soft liners and temporary soft liners react poorly to most commercial cleaners.*



Can I Wear My Denture(s) At Night?

We prefer that you leave out one or both of your dentures at night. This allows your gum tissues to breathe and also relieves them of the constant pressures of mastication. When left out of the mouth, all dentures should be left in water to prevent warpage.

How Often Should I Have My Denture(s) Remade?

Gum tissues are in a *constant state of change* but dentures are not. Therefore, periodic relining of your dentures may be necessary. If you find your denture getting looser and mastication more difficult, this may be a sign that a reline may be needed. It is very important for us to see you regularly to evaluate the state of your oral tissues and to determine if additional treatment is required. Dentures typically need to be relined or remade every 3-5 years.

NEVER try to adjust your dentures yourself! Home remedies, although simple, will only lead to trouble. If any problems arise, we're here to help.

Sincerely,

Cary Ganz DDS PC

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