



## **POST-OPERATIVE DIRECTIONS**

### *FOR PATIENTS RECEIVING OSSEOINTEGRATED IMPLANTS*

It is essential for the early healing process that the following directions are observed during the first two weeks after the placement of Osseointegrated implants:

1. A soft diet during the first six days in order to avoid inadvertent food particles contaminating the wound. Semi liquid (mashed) food may be added to the diet during the second week. Smoking and consumption of alcoholic beverages should be avoided during this period of time.
2. If possible, an elevated head rest (an extra pillow) should be used during the first two nights after the operation, to reduce the possibility of swelling in the operated areas.
3. Should any oozing or bleeding occur in the operated jaw, it usually may be stopped by softly biting for 15 minutes on a roll of gauze dressing. A wet teabag may also be used. Tea contains Tannic Acid which will assist in controlling any minimal bleeding. If the bleeding does not stop by doing so, your surgeon should be contacted.
4. After each meal the mouth should be thoroughly rinsed with salt water solution.
5. Specific mouth rinses or other disinfectants should NOT be used.
6. As you were told during your consultation, old dentures may not be worn until refitting adjustments (relining) have been made. Insertion of dentures too early may jeopardize a successful healing process.
7. If you are in doubt or there is any sign whatsoever of a disorder related to the healing of the implant area, you should contact your surgeon.

If you have any other questions, please give our office a call. We are always here to help in any way we can.

Sincerely,

Cary Ganz DDS PC

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